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Title 論文題目	The Roles of Metformin and Pravastatin on Placental Endoplasmic Reticulum Stress and Placental Growth Factor in Human Villous-Like Trophoblastic BeWo Cells. (ヒト絨毛癌細胞株 BeWo における Metformin と Pravastatin の小胞体ストレス応答と胎盤増殖因子に対する 役割)
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Degree number 学位記番号	甲第 2965 号
Degree name 学位の種別	博士(医学)
Issue Date 学位取得年月日	2017-03-31
Original Article 原著論文	札幌医学雑誌第86巻1号(平成30年3月)
Doc URL	
DOI	
Resource Version	

- The Roles of Metformin and Pravastatin on Placental Endoplasmic
- 2 Reticulum Stress and Placental Growth Factor in Human Villous-Like
- 3 Trophoblastic BeWo Cells

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17 Total numbers of figures: 4

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Abstract

20	Preeclampsia (PE) is related to an imbalance between angiogenic and anti-angiogenic
21	factors. Notably, placental growth factor (PIGF) is reduced in the maternal circulation in
22	early onset PE. Although the molecular mechanisms are poorly understood, recent evidence
23	indicates that metformin and statins may suppress endoplasmic reticulum (ER) stress. We
24	previously reported that the unfolded protein response (UPR) activated by ER stress can
25	down-regulate PIGF protein expression through signaling pathways such as protein kinase
26	R-like endoplasmic reticulum kinase (PERK) and predicted that metformin and statins
27	could prevent placental ER stress and up-regulate PIGF protein expression in trophoblastic-
28	like cells. In this study, we aimed to establish the effects of metformin and pravastatin on
29	PIGF and activating transcription factor 4 (ATF4) protein expression in trophoblast-like
30	cells. We first confirmed that PIGF messenger RNA (mRNA) levels were decreased under
31	ER stress induced by thapsigargin and that ATF4 mRNA was increased under the same
32	conditions and then administered metformin to it. Transcript analysis showed increased PIGF
33	mRNA compared with thapsigargin only treatment and that this was dependent on metformin
34	levels. Under ER stress, western blot showed high levels of ATF4 and phosphorylated-
35	eukaryotic initiation factor 2 subunit α (p-eIF2 α) but low levels of PIGF protein. By contrast,
36	compared with thapsigargin alone, ATF4 and p-eIF2α levels were low and PIGF levels were
37	high when metformin and thapsigargin were given, but these were again dependent on
38	metformin concentrations. Western blot also confirmed that pravastatin attenuated ER stress
39	and increased PIGF protein expression in trophoblast-like cells in a way similar to that
4 0	observed for metformin. In conclusion, metformin and pravastatin suppressed ER stress via
41	the PERK pathway and restored PIGF levels in trophoblast-like cells. However, although
42	these results indicate that metformin and pravastatin have a potential for preventing or
4 3	treating PE, the lack of clarity on the mechanism requires further study.

Introduction

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46 Preeclampsia (PE) is major cause of maternal mortality and morbidity that affects 5% to 8% of pregnancies [1]. It is a multisystem disorder that is specific to pregnancy, and it can 47 48 be defined as new onset hypertension, proteinuria, and edema after 20 weeks' gestation [2]. 49 Many causes of PE have been proposed although the pathological mechanisms underlying the 50 disorder are still not fully understood [3, 4]. However, there are two recognized clinical 51 subtypes of PE, which are based on the time of onset or recognition of disease [5]; early onset PE occurs before 33 weeks' gestation, whereas late onset PE occurs after 34 weeks, with the 52 **(** j3 former being responsible for much of the high maternal and fetal mortality and morbidity. 54 The two-stage model is a popular hypothesis for the mechanism underlying PE. It 55 proposes that reduced placental perfusion (Stage 1) produces factors that lead to the clinical 56 manifestations of PE (Stage 2). The main pathological cause of ischemia-reperfusion of the 57 placenta is deficient conversion of spiral arteries. In turn, oxidative stress by hypoperfusion 58 induces the release of proinflammatory factors into the maternal circulation, which causes 59 endothelial cell dysfunction and, ultimately, the characteristic pathological changes of PE [6]. 60 7]. It is reported these mechanism is a main feature of early onset disease [8]. 61 There are complex interactions and close links between endoplasmic reticulum (ER) 62 stress and oxidative stress [9, 10, 11]. The ER serves multiple functions, including the 63 synthesis, post-translational modification, and trafficking of membrane and secreted proteins. 64 Overloading of the ER with these proteins or perturbation of its homeostasis through 65 misfolding or abnormal glycosylation can provoke ER stress known as a condition of 66 accumulation of misfolded or unfolded proteins in the lumen [10]. This then activates the 67 signaling pathways of the unfolded protein response (UPR), which seeks to restore ER 68 function by attenuating protein translation, increasing folding capacity, and facilitating the

degradation of misfolded proteins [11, 12, 13]. Placental ER stress has recently been

recognized as central to the pathophysiology of early onset PE [14, 15].

PE has been postulated to involve an imbalance between angiogenic and antiangiogenic factors. This includes the pro-angiogenic placental growth factor (PIGF), a homodimeric glycoprotein with significant homology to vascular endothelial growth factor A (VEGF-A) that was first identified in the human placenta [16]. PIGF is known to bind to VEGF receptor 1 (VEGFR1), which is also known as fms-like tyrosine kinase-1 receptor (Flt-1) [17], and more recent data indicate that concentrations of PIGF are reduced in the circulation of women with fetal growth restriction and PE [18, 19], particularly when early onset. Anti-angiogenic factors, including soluble Flt-1 (sFlt-1) that binds VEGF-A and soluble endoglin (sENG), are increased in the maternal circulation before early onset PE develops [19, 20]. However, the molecular mechanisms leading to the down-regulation of PIGF in the pathogenesis of PE are not known.

We previously reported that PIGF expression in early onset PE was regulated by ER stress provoked by placental ischemia [14], and the main pathway to regulate PIGF was protein kinase R-like endoplasmic reticulum kinase (PERK)–eukaryotic initiation factor 2 subunit α (eIF2 α)–activating transcription factor 4 (ATF4) pathway [21]. PE involves genetic and environmental factors in its pathogenesis and pathophysiology, and fetal and placental delivery has long been considered the only certain way to stop disease progression [22]. However, metformin and pravastatin have recently been shown to be beneficial in preventing PE [23, 24] and, although the underlying molecular mechanisms are unclear, they appear to prevent ER stress [25, 26]. To examine whether these agents could prevent PE, we therefore investigated if they effectively suppressed ER stress, via PERK pathway, and increased PIGF expression in trophoblast-like cells.

Materials and Methods

Materials used

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The culture media, phosphate buffered saline, and supplements were purchased from
Life Technologies, CA, USA. Metformin was obtained from Enzo Life Science, NY, USA.
Pravastatin and thapsigargin were purchased from SIGMA—ALDRICH CORP., MO, USA.
The radioimmunoprecipitation assay (RIPA) buffer and protease inhibitor cocktail were
purchased from Wako Pure Chemical Industries, Osaka, Japan.

Cell culture

Human choriocarcinoma BeWo cells were obtained from RIKEN Cell Bank, Ibaraki, Japan, and were cultured in Roswell Park Memorial Institute medium (RPMI) 1640 medium supplemented with 5% heat-inactivated fetal bovine serum (HI-FBS), penicillin (100 U/mL), and streptomycin (100 μ g/mL) at 37 °C in a CO₂ atmosphere.

Western blot analysis

Cells were washed twice with phosphate buffered saline, harvested in 200 μ L of lysis buffer by scraping, and briefly vortexed. The lysis buffer contained RIPA buffer and protease inhibitor cocktail. After pipetting up and down approximately 30 times, cells were maintained on ice until use and then centrifuged at 14,000 \times g for 20 min. The supernatant was kept at -80 °C until analysis.

A Pierce BCA Protein Assay Kit (Thermo Fisher Scientific, DE, USA) was used to determine protein concentrations using 25 μL of cell lysate. Equivalent amounts of protein were electrophoresed on 12% sodium dodecyl sulfate polyacrylamide gels (Bio-Rad Laboratories, Hercules, CA, USA) and blotted onto a polyvinylidene difluoride membrane by iBlot Gel Transfer Device (Thermo Fisher Scientific).

Primary and secondary antibodies were applied for 1.5 h at room temperature. Primary antibodies were as follows: rabbit anti-p-eIF2α (#3597, 1:5,000 dilution), rabbit anti-ATF-4

(#11815, 1:1,000 dilution), and mouse anti-β-actin (#3700, 1:5,000 dilution) from Cell Signaling technology, MA, USA; and mouse anti-PIGF (sc-57402, 1:1,000 dilution) from Santa Cruz Biotechnology, TX, USA. The secondary antibodies, swine anti-rabbit IgG-HRP (P0217) and rabbit anti-mouse IgG-HRP (P0260), were obtained from Agilent technologies. CA, USA. Horseradish peroxidase (HRP) activity was detected by chemiluminescence (ECL prime) (GE Healthcare, Buckinghamshire, England UK) using an Image Quant LAS 500 (GE Healthcare). The intensities of bands representing phosphorylated and total kinase forms were analyzed by Image Quant TL (GE Healthcare).

Quantitative real - time reverse transcription - polymerase chain reaction (RT - qPCR)

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RT - qPCR was performed as follows. Total RNA was isolated using RNeasy Mini Kits (Qiagen, Hilden, Germany) according to the manufacturer's protocol. RNA samples were stored at -80 °C. Then, 1 µg total RNA was transcribed into complementary DNA using Oligo (dt) 12–18 primer, 10 mM dNTP Mix, RNase out Recombinant Ribonuclease Inhibitor, and Super Script II Reverse Transcriptase (Thermo Fisher Scientific) according to the manufacturer's protocol, using a TAKARA PCR Thermal Cycler Dice Touch (TAKARA Bio USA, CA, USA). The mRNA expression was then determined using SYBR Green (Bio-Rad Laboratories). The Step One Real-Time PCR System (Thermo Fisher Scientific) used the following conditions: 95 °C for 3 min, 95 °C for 15 s, and 60 °C for 1 min (40 cycles).

Details of the primer sequences (SIGMA—ALDRICH CORP.) are shown in Table 1. All data were normalized to TATA – box binding protein (*TBP*) as the internal control gene, and calibrated against the average cycle threshold of the control samples. Results were expressed as fold change from control.

143 Table 1. Primer sequences used for quantitative real - time RT - PCR.

Gene	Forward Sequence 5'-3'	Reverse Sequence 5'-3'	Size
PlGF	TGATCTCCCCTCACACTTTGC	CACCTTGGCCGGAAAGAA	62 bp
ATF4	GACGGAGCGCTTTCCTCTT	TCCACAAAATGGACGCTCAC	69 bp
TBP	GGGTTTTCCAGCTAAGTTCTT	CTGTAGATTAAACCAGGAAAT	137 bp

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Statistical analysis

Differences were tested using both the Mann–Whitney U test and the two-tailed U? Student's t-test. Statistical analysis was performed using GraphPad Prism 6.0 (GraphPad Software, La Jolla, CA, USA), with p < 0.05 considered significant.

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Results

Thapsigargin positively regulates ATF4 mRNA and negatively regulates PIGF mRNA in trophoblast-like cell lines

153 The human choriocarcinoma cell line BeWo and the chemical ER stress inducer (54 thapsigargin, an inhibitor of sarco/endoplasmic reticulum Ca²⁺ ATPase, were used for in vitro studies to confirm whether ER stress negatively regulated PIGF mRNA transcription. We 155 previously reported the negative correlation of ATF4 and PIGF mRNA transcription in BeWo 156 157 cells [21], with the former being a transcription factor of ER stress in the PERK signaling 158 pathway. Thus, we proposed that PIGF expression may be regulated by the PERK pathway. 159 The results presented Fig 1 indicate that thapsigargin negatively regulated PIGF mRNA 160 transcription and positively regulated ATF4 mRNA transcription, with a significant 161 difference between the control and thapsigargin groups. There was also no dose-dependent 162 effect of thapsigargin for increasing ATF4 and decreasing PIGF levels.

Fig 1. ER stress induced marked down-regulation of PIGF mRNA in trophoblastic-like cells. BeWo cells were cultured for 24 h with thapsigargin in normal growth medium without serum. RT - qPCR was used to measure PIGF and ATF4 mRNA levels. (A) After treatment with thapsigargin, PIGF mRNA was significantly reduced; data are presented as mean \pm SEM, n = 5; *** p < 0.001. (B) The expression of ATF4 mRNA was induced in trophoblastic-like cells under the same conditions; data are presented as mean \pm SEM, n = 3; *** p < 0.01.

PIGF mRNA was restored by metformin during ER stress

Fig 2(A) indicates that PIGF mRNA expression was increased by metformin administration when given alone, with a significant difference for metformin concentrations up to 3 mM. To investigate whether the expression of PIGF mRNA was increased by metformin under ER stress, we administered metformin and thapsigargin together. Fig 2(B) shows that metformin increased PIGF mRNA expression under ER stress and that metformin plus thapsigargin also increased PIGF mRNA expression compared with thapsigargin alone (and did so in a dose-dependent manner). The significant difference was also shown at doses of metformin up to 3 mM, which almost fully restored PIGF mRNA levels to those of the control group.

Fig 2. Metformin induced PIGF mRNA under ER stress in trophoblastic-like cells. RT - qPCR was used to measure PIGF expression. (A) There was a dose-dependent increase in PIGF mRNA during treatment with metformin alone. BeWo cells were cultured in metformin with normal growth medium without serum for 24 h; data are presented as mean \pm SEM, n = 4; * p < 0.05. (B) Metformin restored PIGF mRNA expression under ER stress. BeWo cells

were treated for 24 h with metformin and thapsigargin. Both drugs were given together; data are presented as mean \pm SEM, n = 4; * p < 0.05.

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PIGF was restored by metformin during ER stress

To verify the sequence results of RT - qPCR, we performed western blot analyses and investigated whether metformin inhibited the UPR pathway, and the PERK pathway in particular. Fig 3(A) shows that levels of phosphorylated eIF2 α (p-eIF2 α) were increased under treatment with thapsigargin alone, whereas Fig 3(B) shows that ATF4 levels were also increased. This is consistent with our understanding that eIF2 α phosphorylation is known to mediate increased transcription and translation of ATF4 in the PERK pathway. In Fig 3(C), PIGF is shown to have been reduced under treatment with thapsigargin alone. These results show that ER stress activates the PERK-eIF2 α -ATF4 signaling pathway and thereby reduces PIGF protein expression in trophoblast-like cells. In addition, Fig 3(A) and Fig 3(B) show that the expressions of p-eIF2 α and ATF4 were reduced under treatment with thapsigargin and metformin when compared to treatment with thapsigargin alone. Fig 3(C) also shows that metformin restored or increased PIGF expression under ER stress. Thus, metformin can restore PIGF protein expression and either directly or indirectly inhibit the PERK pathway under ER stress.

Fig 3. Western blot analyses of p-eIF2α, ATF4, and PIGF in trophoblast-like cells.

BeWo cells were cultured in normal growth medium without serum and were treated for 24 h with either thapsigargin alone, metformin alone, or thapsigargin plus metformin (administered together). (A and B) Levels of p-eIF2α and ATF4 were increased during treatment with thapsigargin alone, but were reduced under treatment with thapsigargin plus metformin when compared with thapsigargin alone. When both drugs were given, the

reduction was greater for 3 mM than for 0.1 mM metformin. (C) PIGF was clearly increased under treatment with thapsigargin and metformin compared with thapsigargin alone.

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PIGF expression was restored by pravastatin during ER stress

Western blot was performed to investigate whether pravastatin inhibited the PERK pathway and restored PIGF expression. Fig 4(A) shows that ATF4 was increased under treatment with thapsigargin alone, but that its expression was attenuated under treatment with thapsigargin plus pravastatin. In Fig 4(B), PIGF is shown to be reduced under treatment with thapsigargin alone. By contrast, PIGF expression is slightly increased under treatment with thapsigargin plus pravastatin compared with thapsigargin alone. Thus, pravastatin also restored PIGF protein expression, directly or indirectly inhibiting the PERK pathway under ER stress.

Fig 4. Western blot analyses of ATF4 and PIGF in trophoblast-like cells. BeWo cells were cultured in normal growth medium without serum and treated for 24 h with either thapsigargin alone, pravastatin alone, or thapsigargin plus pravastatin (administered together). (A) ATF4 levels increased under treatment with thapsigargin alone, but, by comparison, were reduced under treatment with thapsigargin plus metformin. In particular, ATF4 was attenuated by 0.3 μM thapsigargin with either 30 μM or 50 μM pravastatin. (B) PIGF was slightly increased during thapsigargin and metformin treatment compared with thapsigargin alone.

Discussion

Various approaches have been investigated to identify the pathogenesis of PE in the first trimester, including the use of pregnancy-associated plasma protein (PAPP-A), human chorionic gonadotropin (hCG), placental protein 13 (PP13), and uterine artery Doppler, or some combination of all these methods [27, 28]. The reduction of maternal circulating PIGF concentrations is another of these predictive factors [29], and we have previously reported that the expression of PIGF mRNA is reduced more in the placentas of early onset PE compared with those of either late onset PE or age-matched controls. We therefore proposed that placental ER stress could be a regulatory factor in PIGF reduction, though the mechanism was unclear [21].

ER stress leads to activation of the UPR, which consists of three signaling pathways: PERK, activating transcription factor 6 (ATF6), and inositol-requiring 1 (IRE1). Activation of the PERK signaling pathway causes the phosphorylation of eIF2α, and p-eIF2α induces the expression of ATF4. This PERK–eIF2α–ATF4 pathway attenuates non-essential protein synthesis and increases antioxidant defense systems. ATF6 released from glucose-regulated protein (GRP78) then upregulates ER chaperone genes to increase folding capacity. Activation of IRE1 leads to splicing of XBP1 pre-mRNA. This results in increased phospholipid biosynthesis and breakdown of misfolded proteins. IRE1 also activates proinflammatory pathways through its kinase domain. But, if these attempts fail, an apoptotic pathway is activated to eliminate the damaged cells [30, 31, 32]. Previously, we demonstrated the negative correlation between ATF4 and PIGF expression in the placentas of women suffering from early onset PE. In the present study, our results were confirmed in trophoblast-like cells given chemical inducers of ER stress. These results support our experimental hypothesis, indicating that an ER stress signaling pathway, PERK–eIF2α–ATF4, regulates PIGF expression in the placenta of early onset PE [21].

Definitive treatment for PE is delivery of fetus and placenta [33, 34], but no

preventive or therapeutic medications are readily available. However, based on our previous research [21] and that of others, we were interested in the possibility of using metformin and pravastatin for their effects as suppressors of ER stress.

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Metformin is a first-line agent in the treatment of type 2 diabetes mellitus [35] and metabolic syndrome [36]. It is safe for use in pregnancy [37] and is useful when treating gestational diabetes mellitus [38, 39]. A widely accepted model for the anti-hyperglycemic action of metformin is that its inhibition of the mitochondrial respiratory chain (complex I) results in suppression of hepatic gluconeogenesis. This inhibition of mitochondrial function, which is provoked by metformin and other mitochondrial inhibitors, results in activation of the 5'adenosine monophosphate-activated protein kinase (AMPK) pathway. This, in turn, appears to be the key action of metformin, primarily because the effect has close links with the inactivation of pathological conditions such as mammalian target of rapamycin (mTOR), ER stress, oxidative stress, and hypoxia [40, 41]. Based on these new findings, some researchers have attempted to describe the mechanisms by which the activation of AMPK signaling by metformin inactivates pathologic pathways such as ER stress [42, 43].

Recently, for example, metformin was reported to reduce sFlt-1 and sENG by inhibiting complex I in mitochondria. It was also shown to improve endothelial dysfunction by reducing vascular cell adhesion molecule 1, an inflammatory adhesion molecule induced by tumor necrosis factor α (TNF α) and upregulated by endothelial dysfunction [44]. Both sFlt-1 and sENG are anti-angiogenic proteins that are increased in the circulations of women with PE and may cause endothelial dysfunction and PE injury. As stated, PE is a two-stage disease of imbalance between angiogenic and anti-angiogenic factors. Logically, if metformin increases the pro-angiogenic PIGF and decreases the anti-angiogenic sFlt-1 and sENG, endothelial dysfunction should be impaired and angiogenesis should be enhanced.

Also known as hydroxymethylglutaryl (HMG)-CoA reductase inhibitors, statins are a

major drug class used to treat dyslipidemia. Pravastatin is a first-generation, hydrophilic statin. Cohort studies have shown that, while hydrophobic statins increase the risk of fetal malformation, hydrophilic statins do not; moreover, pravastatin has an established safety profile among pregnant woman [45]. There has also been recent interest in the use of statins to treat PE based on evidence of their vasoprotective effects and ability to impair endothelial dysfunction in other disorders. Notably, we were interested in the reports that pravastatin decreased sFlt-1 and sENG, and upregulated PIGF and VEGF in PE-like animal models [46], and that the reduction of sFlt-1 by statins was directly mediated thorough HMG-CoA reductase [47]. Although the mechanisms through which statins reverse the angiogenic and anti-angiogenic imbalance are not clearly understood, we speculate that it may involve inactivation of the ER stress pathway through inhibition of HMG-CoA reductase. Pravastatin may also be both preventive and therapeutic, similarly to metformin.

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There is no evidence on whether metformin and pravastatin suppress ER stress in trophoblast-like cells, though there are some reports that these drugs decrease anti-angiogenic factors [44, 46]. This is the first report to examine the effect of these drugs on placental ER stress in choriocarcinoma cells. Of note, we showed that metformin or pravastatin could attenuate the PERK pathway to restore PIGF expression in trophoblast-like cells under ER stress, supporting our previous report that placental ER stress downregulated the expression of PIGF via the PERK pathway in placentas with PE. Metformin and pravastatin offer potential as preventive or treatment agents for PE, and may act by correction of the low proangiogenic factors in maternal circulations when PE develops.

Unfortunately, despite this promise, there remain many problems that need to be addressed in the future. For example, we must investigate the mechanisms of how metformin and pravastatin suppress ER stress in trophoblast-like cells. Although we did demonstrate that metformin and pravastatin inhibited placental ER stress, we do not know whether this effect

was direct or indirect. A putative mechanism of metformin is that activation of AMPK by mitochondrial inhibition both triggers, and is a key action of, attenuated ER stress in trophoblast-like cells. In recent reports suggesting inhibition of ER stress by metformin, it has been proposed that AMPK activation by metformin may trigger the subsequent cascade. Although the downstream effects of ER stress suppression remain unknown, various putative hypotheses have been verified in other fields that may offer insights into the mechanisms of metformin in placentas in PE. A metabolic function of AMPK is lipid metabolism, wherein it inhibits cholesterol synthesis by inducing the inhibitory phosphorylation of HMG-CoA reductase [48]. Therefore, inhibition of HMG-CoA reductase may play an important role in suppressing ER stress. Further research is needed into whether our results are reproducible in vivo, using preeclamptic placental villous explants.

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To conclude, we previously demonstrated that placental ER stress via the PERK signaling pathway could result in PIGF levels being reduced in early onset PE. In this study, we add to this data by showing that metformin and pravastatin attenuated ATF4 levels, a regulating factor of the PERK pathway, and restored PIGF levels in trophoblast-like cells. These findings support the need for further studies to elucidate the mechanisms underlying these processes. In the meantime, we believe that metformin and pravastatin continue to show promise as therapeutic drugs for use in PE.

Acknowledgements

This research was conducted at the Sapporo Medical University, Japan. The authors
thank the staff of the department of Obstetrics for technical supports. Research was supported
by JSPS KAKENHI Grant Number 15K20153.

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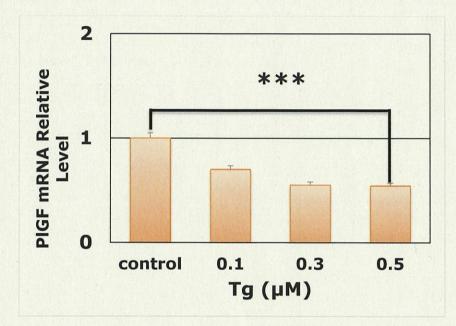
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Figure 1

(A)



(B)

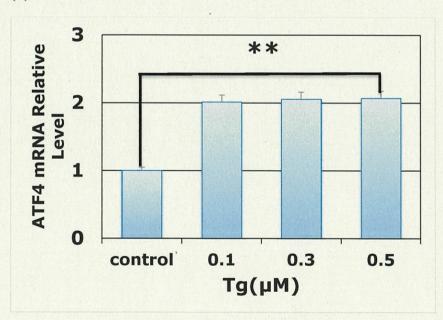
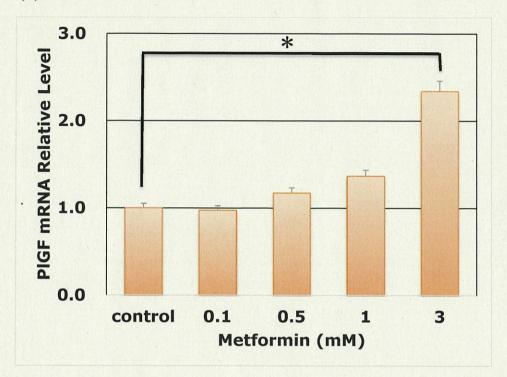
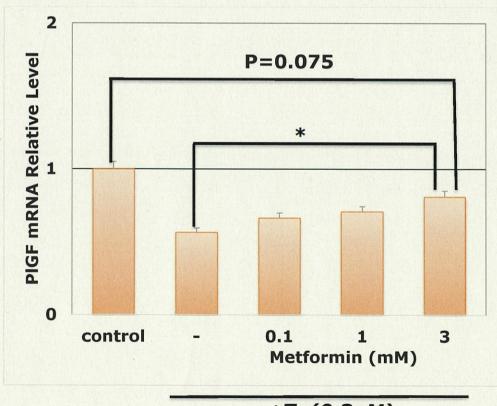


Figure 2

(A)



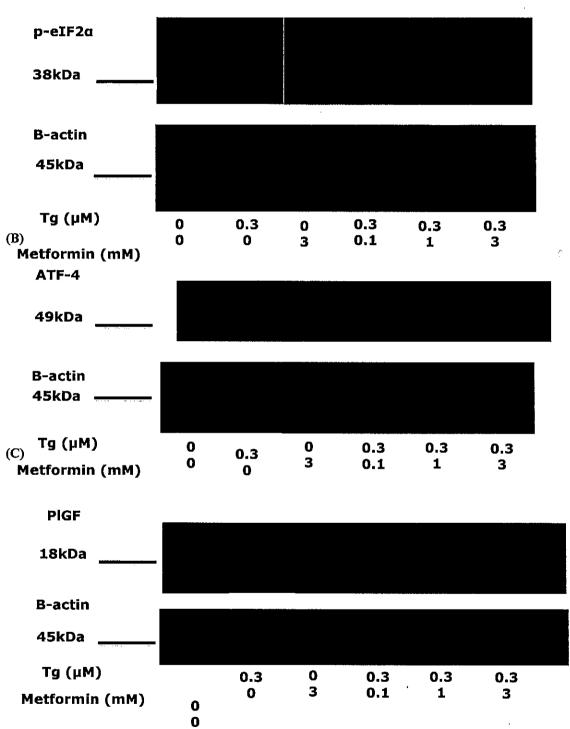
(B)



+Tg(0.3μM)

Figure 3

(A)



0.3

50 '

30

5

Figure 4

(A)

ATF-4

49kDa

B-actin 45kDa Tg (µM) 0 50 0.3 0.3 0.3 0

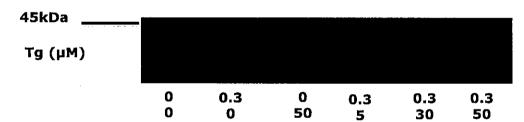
Pravastatin (µM)

(B)

PIGF



B-actin



Pravastatin (µM)